

The Jenkins Centre



Domestic Abuse Perpetrator Service and Partner Support Service

Summary of 2021 - 2022

Background

- ▶ Freeva is a registered charity working towards reducing domestic abuse, rape and sexual assault
- ▶ As part of our commitment to reducing domestic abuse we also deliver services to those that use harmful behaviours in their relationships through The Jenkins Centre.
- ▶ We work as part of a Coordinated Community Response (CCR) model that brings services together to ensure we keep survivors safe, hold those that use harmful behaviours to account, and prevent domestic abuse.
- ▶ We believe that with the right support, long term change is possible. Our programmes provides the support necessary to make these changes.
- ▶ An important part of our programme is our integrated support for partners and ex partners. This is offered to all individuals whose partner or ex-partner is working to address their use of abuse, and ensures that we are able to provide a full and safe interventions to facilitate long term change.

Background

- ▶ Jenkins Centre have been delivering commissioned DA perpetrators programmes in Leicester City since 2012
- ▶ We provide programmes in Lincolnshire as part of the Make a Change model developed by Respect and Women's Aid federation England.
- ▶ We are working in partnership with Equation In Nottinghamshire to provide programmes and to embed perpetrator work within the area.
- ▶ Following the success of Home Office Funding in 2020 we have expanded our city services across Leicestershire & Rutland. This funding is secured until September 2022.
- ▶ Our programmes are Respect Accredited providing assurance that our services meet high quality standards
- ▶ Within Jenkins Centre we also have a Young Persons's Project that provides support to young people aged 10 - 18 who are using abusive and disruptive behaviours in close relationships, whether that is towards parents/carers or siblings or in their dating relationships.

Interventions

The Second Step

24 week Intervention - 2 modules

Safer Relationships Programme - focus on topics such as awareness and understanding of abusive behaviour, the build-up to abuse, triggers and warning signs, and the impact on partners, children and those around us.

Respectful Relationships Programme - focus on topics such as accountability, boundaries, jealousy, sexual respect, parenting and healthy communication.

One to One intervention

For those who have barriers to attending group intervention (i.e. interpreter required, learning needs, mental health)





Step Up Dads

10 week fathering programme for men that have completed The Second Step.

Develops positive parenting approaches, understanding of impact of DA on children and explores how to re-build father to child relationship following DA.

Women's Programme

Develops understanding of abuse and introduces skills to aid emotion management and communication.

There is a focus on the dynamics of a female using abuse, as well as the attitudes and functions driving the use of abuse and how they may have formed.



Eligibility

We are unable to work with any individuals if:

- They are currently in criminal proceedings due to DA or they are currently in private/public law proceedings related to child custody / contact.
- They previously disengaged from our service, or a similar service within the last 6 months

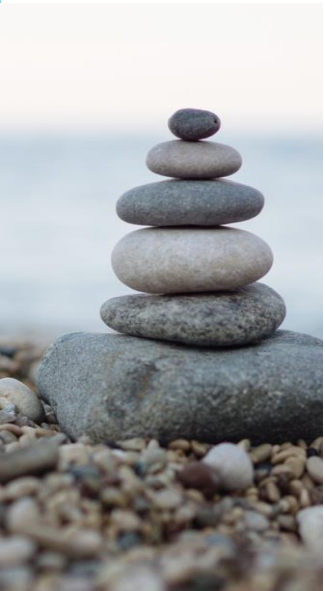
Suitability

When we assess a client, we must see that there is some motivation to change and the client must admit to having used at least some violent/abusive behaviour.

Foundations

6 Week awareness building course for those who do not yet take accountability for their actions or have not developed motivation to change their behaviour.

Looks at the difference between healthy/respectful relationships and abusive relationships and starts to help people reflect on their own behaviour



Partner Support Service (PSS)

Aims:

- Keeping victims/survivors and their children safe
- Empowering victims/survivors - building confidence and showing different options
- Working in integration with perpetrator interventions in order to have clear case/risk management and the ability to evaluate cases with a more holistic view

What we do:

- Assess / monitor levels of risk - DASH
- Safety Planning
- Signposting/referrals to other services / professional support
- Emotional Support
- Self Care
- Exercises to aid the development of self-esteem
- Set expectations and make links to the perpetrator work



How PSS work

The PSS is voluntary and the clients choose the level of engagement they wish to have.

There is no prescribed way of working - the sessions are tailored to the client and what they wish to explore.

We support victims/survivors for up to a year (6 months after the perpetrator has completed intervention or has been suspended/disengaged).

Key Outputs and Outcomes

Referrals Received – April 2021 – March 2022

| District | Referrals Received | Eligible Referrals | Self-motivated (of the eligible) |
|---------------------------|--------------------|--------------------|----------------------------------|
| Blaby | 16 | 15 | 7 |
| Charnwood | 14 | 11 | 5 |
| Harborough | 9 | 8 | 4 |
| Hinkley and Bosworth | 13 | 13 | 5 |
| Melton | 8 | 7 | 1 |
| North West Leicestershire | 12 | 12 | 1 |
| Oadby and Wigston | 21 | 20 | 5 |
| COUNTY | 93 | 86 | 28 (33%) |
| Rutland | 6 | 6 | 1 |
| City | 113 | 103 | 30 (27%) |

Completed Intervention:

Blaby – 2/3 Second Step (one disengaged), 1/1 one to one = 4/5

Charnwood – 2/2 Second Step, 1/1 Women's group, 2/2 Step Up Dads = 5/5

Harborough – 2/2 Second Step

Hinkley and Bosworth – 0/0

Melton – 2/2 Second Step

North West Leicestershire – 1/1 Second Step

Oadby and Wigston – 1/2 Second Step (1 disengaged)

COUNTY – 15/17 = 88%

Rutland – 0/0

City – 13/14 Second Step, 0/1 Women's group (1 disengaged), 2/2 Step Up Dads = 15/17 = 88%

Currently on intervention: County 13 and City 7



Repeat Incidents When Case Open

Blaby - 0

Charnwood - 4

Harborough - 0

Hinkley and Bosworth - 0

Melton - 1

North West Leicestershire - 3

Oadby and Wigston - 1

COUNTY - 9

Rutland - 0

City - 8

Perpetrators Reduce Use of Abuse

Blaby - 8/8

Charnwood - 9/12

Harborough - 8/8

Hinkley and Bosworth - 3/3

Melton - 5/6

North West Leicestershire - 1/2

Oadby and Wigston - 7/8

COUNTY - 41/47

Rutland - 3/4

City - 45/53

Partners and ex partners engage in support

(in assessment, intervention and post interventions stages)

Blaby – 10/17

Charnwood – 19/27

Harborough – 13/14

Hinkley and Bosworth – 4/6

Melton - 8/8

North West Leicestershire – 5/5

Oadby and Wigston – 15/15

COUNTY – 74/92 = 80%

Rutland – 7/7

City – 132/147 = 90%

Partners and ex-partners feel safer since intervention

(from the (ex) partners engaging with PSS, whose partner completed intervention)

Blaby – 1/1

Charnwood – 2/2

Harborough – 2/2

Hinkley and Bosworth – 0/0

Melton - 2/2

North West Leicestershire – 1/1

Oadby and Wigston – 1/1

COUNTY – 9/9

Rutland – 0/0

City – 8/9

What this means:

- Numbers of referrals received from the county have been increasing throughout the year.
- We receive a slightly higher ratio of self referrals from county than we do from city.
- 87% of perpetrators from county have been seen to reduce use of abusive behaviour.
- In the county, 80% of (ex) partners have engaged in support - this will have included clients that have never received support before. It could be possible that having a slightly higher level of self referrals leads to slightly less engagement from partners due to the level of behaviour/abuse used.
- 100% of the (ex) partners that gave feedback, identified that they felt safer following the perpetrator being in intervention

Service User Feedback

From Perpetrators:

“Jenkins have given me the tools and knowledge needed to better myself”

“I have learnt to stop aggression, understand my triggers and sore points”.

It has helped me in “considering partner’s perspective in terms of emotion”.

“Just an eye opener. Made me feel more in control of myself”.

From Survivors:

“My life has changed because of you in terms of support I have had from you”.

“I have a place to talk, I can talk to and feel lighter now”.

“Partner support has helped me be able to identify my self-worth and that setting boundaries is ok, if done in an acceptable manner”

“Without the support I feel like I may have given up all hope a long time ago”